

Instant Karma 2019 Spring Yoga Calendar

Class Schedule

Tues: Iyengar Yoga for Seniors 11am-12pm

Wed: Beginner Iyengar Yoga 6pm-7:30pm

Thur: Iyengar Yoga for Seniors 11am-12pm

Sat: Beginner Iyengar Yoga 9am-10:30am

Tuition

Seniors Drop-in: \$11.00

Beginner Drop-in: \$18.50

Purchase 5+ classes get 10% off

April

Sun	Mo	Tue	We	Th	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Dates of note

4/9 thru 4/18 No Class: IYENGAR YOGA CONVENTION- Dallas, Tx

May

Sun	Mo	Tue	We	Th	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

5/18 No Class

June

Sun	Mo	Tue	We	Th	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

6/8, 6/15 & 6/22 No Class